

city of
yonkers



department of parks, recreation & conservation



programs for youngsters, teens, & adults

spring/summer 2008

REGISTRATION BEGINS LATE APRIL / EARLY MAY

General Information



The Yonkers Department of Parks, Recreation and Conservation has an obligation to give priority service to Yonkers residents. Resident registration is offered on a first-come, first-serve basis at the time of initial resident registration. A non-resident registration date entitles the general public to unfilled spaces in our programs. Participants are required to furnish supplies that are necessary for their programs.

Registration at the Parks Department

Following designated first registration dates, registration will continue at 285 Nepperhan Avenue, weekdays from 9:00 a.m. - 4:00 p.m. until programs fill.

Mail-In Registration - It's Easy!

Register by mail for Adult Programs (page 2), Sport Camps (pages 4 & 5), Youth Dance Class (page 6), and Obedience School for Dogs (page 3).

You must register in-person for Pre-School Camp (page 1), Camp Rays Day Camp (page 7), and Aquatics Programs (page 8 & 9). Refer to the pages shown in parenthesis for all details.

Program Absence

We do not make up classes for personal absence. Classes that do not take place due to holidays or inclement weather will be rescheduled.

Refund Policy

All programs must meet a certain minimum enrollment in order to be conducted. Programs may be combined to reach that minimum. You will receive a full refund if a program is cancelled due to insufficient registration. No refunds will be issued after classes begin, except for medical reasons. These requests must be accompanied by a letter from a physician. In such cases, students will be responsible for the classes they attended and a processing fee of \$25.

Inclement Weather

The best way to receive quick and accurate information about cancellations is to call our "Hotline" on 377-6454. Please be patient if lines are busy. You can also listen for cancellation announcements on radio WFAS 1230 AM and 103.9 FM.

Yonkers Public Schools Pathways to Success Program

Instructional programs for out-of-school youth and adults, 18 years of age and over:

- English as a Second Language
- Adult Basic Education
- High School Equivalency Preparation
- External High School Diploma
- Employment Training

Please call 376-8600 for more information

Senior Citizen Programs

For information on our Senior Recreation centers, events, flyers, and programs, call Sandy Korkatzis at (914) 377-6444.

2008 Senior City-Wide Spring & Summer Event Calendar

Spring Dance - April 17th

Polish Center, 92 Waverly Street
11:30 a.m. - 3:30 p.m. • Free Admission

Senior Dinner Dance - May 22nd

Polish Center, 92 Waverly Street
12:00 Noon • \$26 a ticket.
Call 377-6444 for tickets

Senior Picnic - June 19th

Redmond Field Pavilion, Cook Avenue
11:00 a.m. - 3:00 p.m. • Free Barbeque

Golden Olympics 2008 Tournaments

Month of August
Applications are available. Call 377-6444

Specialist Programs

Our Senior Specialist Programs are free for all Yonkers Seniors 60+. These programs are scheduled at designated centers throughout the city and include classes such as tai chi, line dance, watercolor painting, arthritis exercise, chair exercise, crafts, sewing, and more. Fall programs run for ten weeks and Spring programs run for fifteen weeks.

Senior Recreation Centers

There are presently sixteen Senior Recreation Centers throughout the City of Yonkers. These centers serve their members by providing recreational activities on a year-around basis. Center hours and activities vary. Call for more information about finding a senior center near you.

Pre-K Summer Camp

Camp Locations

P.S. # 15

175 Westchester Avenue
near Crestwood Library

P.S. # 30

30 Nevada Place,
near Cross County Shopping Center

Foxfire School

1061 North Broadway
near St. John's Riverside Hospital

Camp Information

Your children will be introduced to a variety of indoor and outdoor recreational and educational learning experiences through activities such as arts and crafts, music, drawing, and story telling.

Sessions

Session I: July 7-25

Session II: July 28- Aug 15

Days & Time

9 a.m.-12 noon

Monday through Friday

Fees: A Great Value!

\$225 for one session

\$405 for two sessions

No refunds given once the program begins. Prior to camp, all but \$50 will be refunded.



Camp Requirements

Children must be 3-5 years of age by the camp start date and be toilet trained (no diapers). Parents should prepare youngsters by emphasizing that this camp will be a fun experience, with various indoor and outdoor activities, and the opportunity to make new friends.

Pre-K Summer Camp Registration Information

You must register in person for this Pre-K Camp and present four items at registration:

* Birth certificate, for age verification

* Immunization record

* Camp Fee: \$225 for one session
\$405 for two sessions
Cash, check or money order
(payable to City of Yonkers)

Please bring exact amount if paying with cash

* **Proof of Residency** is required at resident registration. A driver's license, passport, or any photo ID with address is acceptable. Utility bills are not acceptable.

Resident Registration

Begins May 7

Nodine Hill Community Center

140 Fillmore Street

(located in the Fleming Field parking lot)

P.S. #15: 9:00 a.m. – 12 noon

P.S. #30: 10:00 a.m. – 12 noon

Foxfire: 10:00 a.m. – 12 noon

Registration continues after May 7 at the
Parks Department, 285 Nepperhan Avenue,
9:00 - 4:00 p.m., weekdays, until camp sites fill.

Non-Resident Registration

Begins May 12

Yonkers Dept of Parks and Recreation

285 Nepperhan Avenue

Time: 9:00 a.m. – 4:00 p.m.

Registration continues after May 12
9:00 - 4:00 p.m, weekdays, until camp sites fill.

MAIL-IN Registration is NOT accepted

*For further information about this camp,
contact Frank Cardone at 377-6440.*

Adult Programs

Six-Week Classes @ \$42 each, except Boating

MORNING W.O.N.D.E.R

Silvana Osorio

Women of New Dance Energy & Rhythm wakes you up by bringing exercise into your morning through dance. A fun class with easy-to-follow steps and invigorating music. There's no better way to start your day

Friday 9:00 - 10:00 a.m., Starts May 16 Cola C.C.

KRIPALU YOGA

Brigitte Bedell

Learn yoga postures that will improve your flexibility, strength and self awareness. Classes also include short meditation, breathing exercises and warm-ups, and are designed to incorporate and work all levels of the body gently, yet deeply. Bring a mat or towel. Wear loose clothing. Starts June 17.

Tuesday 6:30 - 8:00 p.m. Advanced Cola C.C.

Tuesday 8:15 - 9:45 p.m. Beginner Cola C.C.

SLIMNASTICS

Lydia Otero

Exercise every part of the body, including the problem spots, to keep in good physical condition. You will slowly and gradually work up to your fullest potential. Bring a mat or towel. Rubber bands will be provided for weight resistance.

Saturday 9:30 - 10:30 a.m., Starts May 17 Cola C.C.

Monday 6:45 - 8:15 p.m., Starts May 19 Cola C.C.

SLIMMERSIZE

Lydia Otero

Slimnastics with a twist. MORE cardiovascular movement and all your traditional exercises, squats, lunges, sit-ups, etc. A progressive class that gradually increases. Resistance bands will be provided. Bring a mat or towel. Starts May 22.

Thursday 6:30 - 7:30 p.m. Coyne Park C.C.

DANCE EXERCISE

Lucille Sciacca

Dance and exercise at the same time! This class will have you movin' and groovin' to various styles of dance and even incorporates light body boxing and weight control using aerobic exercise and creative dance movements. Bring volleyball size ball, and optional 1-5 lb. weights. We begin May 14.

Wednesday 5:30 - 7:00 p.m. Cola C.C.

Wednesday 7:15 - 8:45 p.m. Cola C.C.



LINE DANCING

Lucy Moschetta

Dances taught step by step. Learn the Boot Scootin' Boogie, Tush Push, My Maria, Fallsview Rock, plus the latest dances. Wear comfortable clothes and either sneakers or shoes with rubber soles. Starts on May 20.

Tuesday 7:00 p.m.-8:30 p.m. Mark Twain M.S.

AMERICA'S BOATING COURSE

Presented by the USCG Auxiliary, Flotilla 68. For adult and teenage operators of boats, jet skis, canoes/kayaks. Meets all NY, NJ, and CT requirements. Topics: operating your craft, navigating and rules of the waterways, emergencies, legal. Receive a certificate to meet the NY State requirement for PWC operators.

Four Tuesdays, 7:00 - 9:00 p.m. We start May 13 at Cola C.C. Fee: \$60 Make checks payable to USCG Auxiliary Flotilla 68.

BELLY DANCE

Nanci DiBernardo

An easy and fun way for beginning and returning students to learn and review the art of Middle Eastern dance. Stretch, isolate, and move your body into overall health and fitness. Dance to music from Egypt, Arabia, fusion and pop. Advice about veil and hip scarf provided at first class. Starts May 19.

Monday 7:00 - 8:30 p.m. Nodine Hill C.C.

BALLROOM & LATIN DANCE

Evangelina Rivera

For beginners and returning students who wish to review the basics. Learn how to "Dance like the Stars!" A fun, introductory course that will teach you the basics of Waltz, Rumba, Cha-Cha, and Swing. No partner necessary. Wear comfortable clothing and shoes with smooth soles. Starts May 12. Schedule includes one Wednesday.

Monday 6:30 - 7:30 p.m. Roosevelt H.S.

Monday 8:30 - 9:30 p.m. Roosevelt H.S.

SALSA

Evangelina Rivera

For beginners and returning students wishing to review the basics of New York style "on 2" Salsa. Class focuses on timing, footwork, partnering, and learning those turns the "right" way, in a fun environment. No partner necessary. Wear comfortable clothing and dance sneakers or comfortable shoes with smooth soles. Starts May 12. Schedule includes one Wednesday.

Monday 7:30 - 8:30 p.m. Roosevelt H.S.

T.B.C. (Total Body Conditioning)

Ida Barrington

Intense exercise class for those who want to get into shape quickly. Special attention to cardiovascular conditioning. Exercises will increase energy, improve appearance and promote strength. Focus is on all major muscles, using a variety of free weights and your body weight. No experience needed. Be prepared to sweat. Bring towel and a floor mat. We begin on May 17.

Saturday 11:00 a.m.-12:00 noon. Cola C.C.

PERSONAL PROTECTION

Christopher Santiago

Learn real self-defense in days. Train for real-life scenarios such as attacks in elevators, stairwells, parking lots, and more. Defensive tactics, escapes from chokes and holds, takedowns. No experience necessary. Wear sneakers and loose clothing. We begin on May 17.

Saturday 10:00 a.m. - 11:00 a.m. Adults Chema CC

Saturday 11:00 a.m. - 12:00 p.m. Teens (13-17) Cheme CC

H.E.A.T. (High Energy Athletic Training)

Noey Pena

Intense body sculpting boot camp drills. Calisthenics, (lunges, squats, push-ups) enhanced with weights/bands. Total body work our incorporates cardio conditioning (rope, step) to increase/improve strength, endurance, coordination, and agility. Class adapts to all fitness levels. Bring water, mat, challenging dumb-bells / medicine ball (TBD at first day of class). Bands provided. Equipment fee: \$6. We start on January 24.

Thursday 7:30 p.m.- 8:15 p.m. Cola C.C.

Site Locations

Roosevelt H.S.	631 Tuckahoe Road
Mark Twain M.S.	160 Woodlawn Avenue
Coyne Park C.C.	777 McLean Avenue
Cola C.C.	945 North Broadway
Nodine Hill C.C.	140 Fillmore Street
Chema C.C.	435 Riverdale Avenue

See registration information and form on page 11

Edward J. Murray Skating Center

The Murray Skating Center is located at 348 Tuckahoe Road and has offered a full range of ice skating and roller skating activities and non-skating events since 1960. Our diverse programming offers something for everyone as we attempt to build "skating families". Call 377-6469 or visit our website www.Yonkersny.gov to obtain detailed information about summer and winter programs and events.



ICE SKATING

October through April. Ice Skating and Ice Hockey programs for all ages and skill levels. Program registration begins in August 2008. Call for a brochure.

ANNUAL ICE SKATING SHOW

Attend one of our three exciting performances and witness the accomplishments of our program participants. Free admission. Friday, April 25 and Saturday, April 26 at 7:00 p.m., Sunday, April 27 at 3:00 p.m.

"SUBURBIA FLAT TRACK ROLLER DERBY" COMES TO YONKERS!

Five exciting bouts scheduled for Saturdays May 31, June 21, July 19, August 16 and September 6, 2008. Bouts begin at 7:00 p.m. Tickets available in advance and at the door.

ROLLER SKATING

June through mid September - Arrange a roller skating outing for your group or organization. Birthday parties welcomed! Skate rentals available. Friday is RETRO ROLLER DISCO NIGHT!

FLOOR AND ROLLER HOCKEY

Full teams or individual players may join our adult Floor Hockey or Roller Hockey League. Organizational meeting - Tuesday, May 5, 2008 at 7:00 p.m. YOUTH ROLLER HOCKEY programs now forming as well.

OUTDOOR FLEA MARKET

Every Sunday from 9:00 a.m. until 4:00 p.m. New and used items for sale. New Vendors welcome. Free Parking.

ROCK 'N RODS CAR SHOW

Begins Wednesday, May 7. Join us every Wednesday evening from 6:00 - 9:00 p.m. View the hottest vintage cars and street rods in Westchester.

SPECIAL EVENTS

Watch for other events such as the Moscow International Circus, boxing and wrestling matches, and other special events.

Yonkers Animal Shelter

The Yonkers Animal Shelter is located at 120 Fullerton Avenue and is open seven days a week. It provides shelter for the stray and abandoned cats and dogs of Yonkers. Our goal is to find permanent homes for these animals. Dogs and cats may be adopted for a nominal fee which includes spaying, neutering, vaccinations, and dog license. Adopting a dog entitles you to a discount toward the Dog Obedience School described above to the right. More information about the Shelter is available by calling 377-6730 or visiting www.yonkersny.gov.

Obedience School for Dogs

Beginning Obedience



Lauren Manzell
Lessons will concentrate on "Basic on Leash Obedience," which covers commands such as: heel, let's go, sit, down, stay, come, dog's name, praise, and more! Please

bring the following items to the first class: copies of up to date health records, plastic bags for clean up, leash, collar, doggy treats, and don't forget your dog! Owners are responsible for cleaning up after their dogs. Beginning Obedience is for dogs 4 months and older.

Six Tuesdays, starting May 20

Yonkers Resident: \$150

Bronx River Road C.C.

6:45 p.m.-7:45 p.m.

Non-resident : \$200

680 Bronx River Road

Continuing Obedience

P.C.T. (Personal and Canine Training) Fitness Program

Lauren Manzell

**Does your dog get
enough exercise?
Do you?**

This fitness program is a new and invigorating way to get the whole family aerobically fit, as you train your dog and exercise at the same time. Why not make it a family affair



by asking another family member (minimum 10 years of age and living in the same dwelling) to join you and your dog(s). A great way for both of you to become better handlers and get in shape together.

Program consists of one safety evaluation meeting (mandatory) followed by six intense obedience classes where you walk yourself to fitness. A ten minute break is provided for watering you and your dog. Prior obedience experience and copies of up-to-date health records for all dogs are required at the safety evaluation meeting on Tuesday, May 13 at 8:00 p.m.

Bronx River Road C.C.

Six Tuesday classes start May 20

1 dog and 1 handler

8:00 p.m. - 8:45 p.m.

\$150 for Residents

\$200 for Non-Residents

**Add \$10 for each additional family member
Add \$10 for each additional dog**

Sport Camps

Red Bulls Soccer Camp

Ages: 6-13

Times:

Week 1

9:00 a.m. - 2:00 p.m.

Weeks 2, 3 and 4

9:00 a.m. - 1:00 p.m.

Site:

Tibbetts Brook Park

Midland Avenue Entrance

Opposite Teresa Avenue



Campers must bring shin guards and water bottle.

Interested in a discount by housing a coach?

Learn more by calling Steve Jones at (201) 583-7022.

This camp is designed for players who are new to the game or play within local recreation or competitive leagues. The curriculum focuses on teaching fundamental skills using methods that are fun and challenging. Players are grouped by age and ability to create the best environment for improvement. Campers receive an Adidas ball, Red Bulls T-shirt, and free companion ticket to a camp graduation prior to a Red Bulls game at Giants Stadium.

Swimming Option Only for Week #1 (June 30 - July 3)

Week #1 Campers can finish with soccer at 2:00 p.m., or register for the swimming option to stay cool in the Tibbetts Pool until 4:00 p.m.. Swimmers will be escorted to the pool by Yonkers Parks Department personnel and will then be supervised by staff and certified life guards provided by the Department. Parents pick-up swimmers at 4:00 p.m.. Parents will receive additional information on the pick-up location. Fees for Week #1:

Soccer only: \$140; Soccer plus swimming: \$190

Camp Dates		Fees	
Week 1	June 30 - July 3	ANY 1 week	\$140
Week 2	July 7-11	ANY 2 weeks	\$225
Week 3	July 14-18	ANY 3 weeks	\$310
Week 4	July 21-25	ALL 4 weeks	\$395

Make Checks Payable to:

RBNY Academy Inc.

Use Registration Forms on Page 12 and 13 or
Register Online at www.nyredbulls.com

Basketball Camp

Boys and girls will learn and develop the fundamental skills of offensive and defensive play including dribbling, passing, shooting, and defensive strategies. Proper methods will be stressed and combined to improve their overall game.



Ages: 8-15

Day: Monday through

Friday

Time: 9:00 a.m. - 12 noon

Site(s): Riverside High School (Museum Middle School)

John F. Kennedy Memorial Drive

OR

Family School 32, 1 Montclair Place

Camp Dates

Session I... July 7 - 25

Session II... July 28 - Aug 15

Fees

Any 1 session - \$225

Both sessions - \$405

Use Registration Form on Page 12.

Make Checks Payable to: City of Yonkers

NEW!

Lacrosse Camp

Beginners will have great fun learning this exhilarating game. This U.S. Sports Institute program introduces new players to stick handling, passing, scooping, dodging, and shooting, plus other fundamental techniques. Players will be grouped by age and ability. All equipment is provided. Campers should bring water and a snack.



Ages: 7-14

Day: Monday through Friday

Time: 5:00 p.m. - 7:00 p.m.

Site: Gorton High School

Athletic Field & Gymnasium

Shonnard Place and Park Avenue

Camp Dates

August 4 - 8

Fee

\$95

Use Registration Form on Page 12.

Make Checks Payable to: U.S. Sports Institute

Sport Camps

Tennis

Our camp helps youngsters ages 6-13 develop the fundamental skills needed to play tennis. They will learn forehand, backhand, serve techniques, etiquette, and scoring. There will be a chance to develop skills through competition in both singles and doubles play. Tennis racket is required.

Camp Dates:

Session I.....7/7 - 7/25

Session II....7/28 - 8/15

Fees:

Any 1 Session \$225

Both Sessions \$405

Make Checks Payable to:

City of Yonkers

Use Registration Form on Page 12.

Ages: 6-13

Monday through Friday
9:00 a.m. - 12 noon

Site: Kinsley Park on Park Avenue, near Roberts Avenue

Rain Site: Emerson School gymnasium, located at rear of school, reached by Nepperhan Avenue onto Odell Avenue. Used only when it is raining.



Sports Squirts

This U.S. Sports Institute camp is a great way to introduce children ages 3 to 5 to sports such as soccer, T-ball, basketball, lacrosse, and floor hockey, all taking place in a safe, structured environment. Activities are designed to evoke a child's imagination by using games that include cartoon characters. All activities promote learning, hand-eye coordination, movement, and most of all, fun. Parents are more than welcome to stay and watch. Be sure to bring water and a snack.

Ages: 3-5

Fee: \$80

Make Checks Payable to:

U.S. Sports Institute

Use Registration Form on Page 12

Camp Dates:

August 11-15
4:00 p.m. - 5:30 p.m.

Site/Rain Site:

Gorton High School
Athletic Field & Gymnasium
Shonnard Place and Park Avenue

Multi-Sport Camp

Campers 6-14 years of age will experience more than 15 different sports from around the world: baseball, badminton, bocce, cricket, flag football, handball, lacrosse, netball, rugby, soccer, select track and field events, volleyball, and more. Activities take place in an atmosphere that promotes good sportsmanship, character, teamwork, and most of all, fun. This U.S. Sports Institute camp takes place in an atmosphere where campers are placed into groups according to age and ability. They receive technical instruction in each sport, then experience realistic game situations. Everyone receives a T-shirt and certificate.

Ages: 6-14

Monday through Friday
9:00 a.m. - 3:00 p.m.

Fee: \$140

Make Checks Payable to:

U.S. Sports Institute

Use Registration Form on Page 12

Camp Dates:

August 11-15

Site/Rain Site:

Gorton High School
Athletic Field & Gymnasium
Shonnard Place and Park Avenue

Other:

Bring lunch and beverages.

Golf

Using a revolutionary new system, this U.S. Sports Institute camp is the ideal way to introduce golf to boys and girls ages 5-11. Campers use oversized clubs made of a lightweight material. This allows them to strike the ball more easily, thus increasing their confidence and enjoyment. They will learn basic techniques such as the swing, grip, and ball striking using fun training methods. Campers should bring water and a snack.

Ages: 5-11

Fee: \$100

Make Checks Payable to:

U.S. Sports Institute

Use Registration Form on Page 12

Camp Dates:

July 28 - August 1
Ages 5-7, 9:00 a.m. - 10:30 a.m.
Ages 8-11, 10:30 a.m. - 12 noon

Site/Rain Site:

Gorton High School
Athletic Field & Gymnasium
Shonnard Place and Park Avenue

Summer Sport Camp Registration

• • • • • • • • • • **Register By Mail – It's Easy!** • • • • • • • • • •

Register by mail for the sports camps shown on pages 4 and 5. Mail your registration as follows:

Basketball, Lacrosse, Tennis, Multi-Sport, Golf, and Sport Squirts:

Mail the form on Page 12 and your payment to:

Community Recreation
Yonkers Parks Department
285 Nepperhan Avenue
Yonkers, NY 10701

Soccer:

Mail the form on pages 12 and 13, together with
your check or money order to:

Adrian Moses
Red Bulls New York
1 Harmon Plaza, 8th Floor
Secaucus, NJ 07094

You can also register on-line for soccer by visiting
www.nyredbulls.com.

On-line payments can be made by major credit card or check.

Do not mail cash. If you must pay by cash, call the Parks Department at 377-6440 to schedule a visit.

Summer Youth Dance Classes

Dance, Dance, Dance

Mark Twain Middle School Auditorium, 160 Woodlawn Avenue

Silvana Osorio

Youngsters will be immersed into the world of dance: jazz, hip hop, and modern. They will learn choreography and have the opportunity to create their own. Wear loose clothing and either ballet slippers, jazz shoes, dance sneakers or be barefoot. Bring water and a quick snack.

Each class limited to 10 students

Age	Times	Dates
Ages 8 - 11	9:00 a.m. - 10:30 a.m.	August 4 - 15
Ages 12-15	10:45 a.m.- 12:15 p.m.	August 4 - 15

Fee: \$90

Registration Form For YOUTH DANCE CLASS Only

Parent's First & Last Name: _____

Student's First & Last Name: _____

Address: _____ Apt #: _____

City: _____ State: _____ Zip: _____

Daytime Phone #: _____ Evening #: _____

Student's Age: _____ Class Time: _____

PROGRAM RELEASE

As a participant in the above program(s), I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages, or loss which I or my child may sustain as a result of such participation. I further understand the City of Yonkers does not provide accidental medical coverage and it is my responsibility to provide appropriate coverage. I agree to waive and relinquish all claims and hold harmless the City of Yonkers, the Department of Parks, Recreation and Conservation, its officers, agents, employees and volunteers from any and all claims. I further recognize that you may take photos of the above programs. If my or my child's image happens to appear in these photos, I grant permission to use the photos to promote future recreation programs without compensation to me or my child. I also understand that photos will not be labeled with participants' names.

Print Name: _____ Signature: _____ Date: _____



Camp Rays Day Camp

Locations



Mark Twain Middle School

160 Woodlawn Avenue
Max enrollment: 216



Emerson Middle School

160 Bolmer Avenue
Max enrollment: 90



Cedar Place School

20 Cedar Place
Max enrollment: 54



Dodson School

105 Avondale Road
Max enrollment: 90



Camp Information

Each camper will enjoy: Instruction and participation in softball, soccer, wiffleball, kickball, and basketball, water activities, relay races and games, board games, arts and crafts, music and dance, special events, shows, carnivals, and two trips to the Tibbetts Brook Park pool.

Age Requirements

For Children ages 5-14. Campers must be
6 years of age by December 31, 2008.
Campers may NOT be 15 years of age before
August 15, 2008
Birth certificate required.

Camp Sessions

Session I - July 7-25
Session II - July 28- August 15

Days & Times

Monday through Friday 8 a.m.-3 p.m.
Extended hours (3:00 - 5:00 p.m.) available.



Registration Information

**Limited space available
on a first-come, first-served basis.**

Registration for Yonkers Residents

Begins Saturday, April 26

**Mark Twain registration only
9:00 a.m. - 12 noon**

Registration for all four sites

12 noon to 3:00 p.m.

Yonkers Parks Department

285 Nepperhan Avenue

Proof of Residency Required

Driver's license, passport, or any photo ID
with address is acceptable.

Utility or phone bills are not acceptable.

Registration continues until camps fill.

Monday through Friday, 9 a.m.-4 p.m.

Registration for Non-Residents

Non-Residents registration begins May 12

(while space is available).

Site: Yonkers Parks Department,
285 Nepperhan Avenue, 9:00 a.m.-4:00 p.m.

*Registration continues until camps fill
Monday through Friday, 9:00 a.m.-4:00 p.m.*

Make checks payable to "City of Yonkers".

**ALL FEES ARE DUE IN FULL
AT REGISTRATION, INCLUDING UNION,
COUNTY, and ALL OTHER SUBSIDIZED
METHODS OF PAYMENT**

Refund Policy

If a child withdraws prior to the start of camp, you will
be entitled to a refund, minus a \$100 processing fee.

Refunds will not be considered
after a session begins.



*For information regarding fees and to request
a Camp Rays application,
contact Dave Antonelli at 377-6443*

Spring & Summer Aquatics Program

Spring session classes begin on Friday, May 9. Summer session classes start the week of July 7. Each session runs for 5 weeks.
Call Andrea Velazquez at 377-6439 for more information.

Adult Learn to Swim

Mark Twain Pool
Adult beginners will learn basic swimming skills & water safety.
Intermediate swimmers expand their techniques.

\$85 per session.

Tuesday & Thursday (Beginner) 8:00 p.m. - 8:45 p.m.
Mon. & Wed. Inter/Adv (Deep H2O) 8:00 p.m. - 8:45 p.m.

Deep H2O Aquacise



Mark Twain Pool
Adults enjoy exercise in deep water with emphasis on lower body. Aqua belt provided or bring your own. You must be comfortable treading in water over your head.

\$85 per session.

Tuesday & Thursday 8:00 p.m. - 8:45 p.m.

Parent & Tot

Ages 6 mo.- 5 years accompanied by an adult; water adjustment and basic skills. (Fee covers both parents & child)

\$35 per session

Friday 6 mo. - 3 yrs. 6:15 p.m. - 6:45 p.m.
Friday 3 yrs - 4 yrs. 6:45 p.m. - 7:15 p.m.

Lap / Circle Swim

Mark Twain Pool
Leisure swim at your own pace. Must circle swim. \$75
Monday-Thursday 8:45 p.m.-9:45 p.m.
Friday 7:30 p.m.-9:30 p.m.

Aquacise

Mark Twain Pool
An energizing exercise program designed for body toning and cardio-vascular fitness.

\$85 per session.

Monday & Wednesday 8:00 p.m.- 8:45 p.m.

Yonkers Masters Swimming

Mark Twain Pool
Adults age 19-99! Enjoy friendship & camaraderie as you improve your stroke, technique and conditioning through organized workouts. Geared for the fitness swimmer to the serious competitor.

\$35 monthly fee.

Tuesday & Thursday 8:00 p.m. - 9:30 p.m.
Saturday (spring only) 10:00 a.m. - 12:00 p.m.

Family Swim

Mark Twain Pool
Swim for the entire family. All parents must accompany children in water.
\$35 per adult, \$20 per child
Friday 7:30 p.m.-9:30 p.m.

Competitive Swim Clinic

Mark Twain Pool
Emphasis on basic building blocks needed for competitive swimming.
Summer \$85
Tuesdays & Thursday 7:00 p.m.- 7:45 p.m.



Youth Level Swim Classes

All level classes are held at Mark Twain Pool

Children 5-12 years of age must be tested & placed in the appropriate classes. A certification card will be received after the successful completion of each level. Summer classes are \$85. For further information call Andrea Velazquez at 377-6439.

Level 1 STARFISH Monday & Wednesday
6:15 p.m. - 7:00 p.m.

Level 1 STARFISH Tuesday & Thursday
6:15 p.m. - 7:00 p.m.

Level 2 SUNFISH Monday & Wednesday
6:15 p.m. - 7:00 p.m.

Level 2 SUNFISH Tuesday & Thursday
6:15 p.m. - 7:00 p.m.

Level 3A or 3B STINGRAY Monday & Wednesday
7:00 p.m. - 7:45 p.m.

Level 3A or 3B STINGRAY Tuesday & Thursday
7:00 p.m. - 7:45 p.m.

Level 4A & 4B DOLPHIN Monday & Wednesday
6:15 p.m. - 7:00 p.m.

Level 4A & 4B DOLPHIN Tuesday & Thursday
6:15 p.m. - 7:00 p.m.

Level 5A & 5B SHARK Monday & Wednesday
6:15 p.m. - 7:00 p.m.

Level 5A & 5B SHARK Tuesday & Thursday
7:00 p.m. - 7:45 p.m.

Teen Learn To Swim

Monday & Wednesday
Young adults ages 13-16 learn how to swim or improve techniques.
7:00 p.m. - 7:45 p.m.



Spring & Summer Aquatics Registration

Aquatics Registration Information

The spring session and the summer session will each run for 5 weeks. Adult and Children's swim programs meet **twice a week** in the spring and summer: Spring (May 9 - June 16) and Summer (July 7 - August 8). Registration is done in person on a first-come, first-serve basis and spaces are limited in all of our swim classes. We do not allow any person for any reason to register before the registration time. If your child has taken lessons with us before, you must bring their previously earned certification card, or report card, as verification of passing that level. Please bring all the items needed to register. We cannot accept any mail-in registration for level swim classes. We do **not** accept credit cards as a form of payment.

Items needed for Registration:

***Program fee** All classes are paid in full at registration with cash (exact amount) or check (payable to City of Yonkers).

***Proof of Yonkers residency** will need to be presented at resident registration. A driver's license, passport, or any photo ID with address is acceptable. Utility or telephone bills are **not** acceptable.

***Previous level card, or swim report card.**

Water testing is for youth level classes. **Water testing does not guarantee placement in classes at registration.**

Spring Water Testing

Tuesday, May 6
6:00 p.m.-8:00 p.m.
Mark Twain Pool
160 Woodlawn Avenue

Summer Water Testing

Tuesday, June 17
6:00 p.m.-8:00 p.m.
Mark Twain Pool
160 Woodlawn Avenue

If your child is a beginner, he/she does not need to be water tested. Your child must register for level 1. If your child has basic water skills, he/she must be water tested at the Mark Twain Pool for appropriate placement in any of our classes.

Spring Registration - Yonkers Residents

Children's Classes

Wednesday, May 7 5:00 p.m.-7:00 p.m.
Nodine Hill Community Center 140 Fillmore Street

Adult Classes

Wednesday, May 7 6:00 p.m.-8:00 p.m.
Nodine Hill Community Center 140 Fillmore Street

Spring Non-Resident Registration

Registration starts on Thursday, May 8
Yonkers Parks Department, 285 Nepperhan Avenue,
from 9:00 a.m.-4:00 p.m.



Summer Registration: Yonkers Residents

Children's Classes

Wednesday, June 18 5:00 p.m.-7:00 p.m.
Nodine Hill Community Center 140 Fillmore Street

Adult Classes

Wednesday, June 18 6:00 p.m.-8:00 p.m.
Nodine Hill Community Center 140 Fillmore Street

Summer Registration: Non-Residents

Registration starts on Thursday, June 19
Parks Department, 285 Nepperhan Avenue, from 9:00 a.m.-4:00 p.m._

Camp Pride for the Developmentally Disabled

A group-oriented recreation day camp for developmentally disabled children and adults. This camp offers art, dance therapy, sports, tennis, swimming, and trips. Transportation, breakfast, and lunches are included. **New applicants must be interviewed by Tara Conte-Giglio at the Yonkers Parks Department offices, 285 Nepperhan Avenue.**

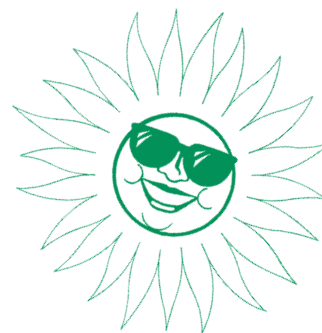
Dates: Session I - July 7 - July 25

Session II - July 28 - August 15

Time: 9 a.m. - 3 p.m., Monday through Friday

Site: P.S.# 28, 18 Rosedale Avenue

Fees: \$100 per three-week session for Yonkers residents



Requirements:

Immunization records and an updated physical examination are required. Campers must also be toilet trained.

Contact Tara Conte-Giglio on 377-6438 for additional information about Camp Pride.

Project Friendship: We also offer a multitude of programs throughout the year.

Please call 377-6438 for a listing of our spectacular program.

Children's Summer Recreation Programs ***THE BIG SUMMER CHILL 2008***

Your child, age 7-14, can enjoy our adult-supervised Big Summer Chill events. Use a "Chill-Out" pass for free admission. Yonkers residents only. Call 377-6450 to request a pass.

Summer Movie

July 9 and 23 at 11:00 a.m.
Cedar Place School
20 Cedar Place

Roller Skating Party

Thursday, July 17 at 11:00 a.m.
Murray Skating Center
348 Tuckahoe Road

Roller Disco Barbeque

July 31 and August 1 at 10:00 a.m.
Murray Skating Center
348 Tuckahoe Road

ROVING "PLAY & SWIM"

Sports and crafts specialists will plan and organize recreation activities for school-age children to "Play" while the "Swim" mobile is stationed at your local park. If you can't go to the pool this summer, come to one of our Play & Swim sites. We bring the pool to you. Call 377-6450 to learn when we will be visiting your neighborhood.

Dates: July 7 - August 15 **Time:** 9 a.m. - 2 p.m.



SUMMER BASKETBALL LEAGUE

For youth ages 7 - 18. Games played at various outdoor sites throughout Yonkers. More information will be available on May 30.

Rosters due: June 30

Games Played:

July 14 - August 8

Registration fee:

\$50 per team.

(refundable if no forfeits)



Adult Programs Registration Information

Adult classes are for adults 18 years and older. We do not permit anyone under 18 years of age to be present during these classes. Please check class descriptions to learn if students are required to purchase materials. No refunds given once these programs begin, except for medical reasons. See inside front cover for additional information about medical refunds.

Mail-In Registration

You can mail in your registration for adult programs. Be sure to specify the name and time of your class when completing the form below. Send this form and a check or money order (payable as noted below) to: Community Recreation, Yonkers Parks Department, 285 Nepperhan Ave., Yonkers, NY 10701. Resident mail-in registrations will be opened on May 5. Non-resident will be opened on May 9. Mail-In Registration does not guarantee a space in the program. You will receive a receipt via mail, confirming your place in class. All mail from America's Boating Course students will be opened starting on May 5.

Walk-In Registration

Residents

Begins Thursday, May 1 9:00 a.m. - 4:00 p.m.
Yonkers Department of Parks, 285 Nepperhan Avenue

Proof of Yonkers Residency

Please bring your driver's license, passport, or any photo ID with address. Utility or telephone bills are not acceptable.

Non-Residents

Begins Thursday, May 8 9:00 a.m. - 4:00 p.m.
Yonkers Department of Parks, 285 Nepperhan Avenue

Program Fees

Yonkers Resident Fee for 6 Week Adult Classes: \$42

Non-resident Fee: add \$15 per class

America's Boating Course is \$60 for everyone

Payment in full: cash, check, or money order made payable as noted below

Mail-In Registration for ADULT CLASSES Only

Must be 18 years or older to take adult classes.

PLEASE PRINT

Receipt # _____

First Name: _____ Last Name: _____

Address: _____ Apt #: _____

City: _____ State: _____ Zip: _____

Daytime Phone #: _____ Evening #: _____

Course Name: _____

Day: _____ Time: _____

PROGRAM RELEASE

As a participant in the above program(s), I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages, or loss which I may sustain as a result of such participation. I further understand the City of Yonkers does not provide accidental medical coverage and it is my responsibility to provide appropriate coverage. I agree to waive and relinquish all claims and hold harmless the City of Yonkers, the Department of Parks, Recreation and Conservation, its officers, agents, employees and volunteers from any and all claims. I further recognize that you may take photos of the above programs. If my image happens to appear in these photos, I grant permission to use the photos to promote future recreation programs without compensation to me. I also understand that photos will not be labeled with participants' names.

Print Name: _____ Signature: _____ Date: _____

Mail this form with check or money order (payable to City of Yonkers) to Community Recreation, Yonkers Parks Department, 285 Nepperhan Avenue, Yonkers, NY 10701.

Note: Make check or money order for Boating Course payable to USCG Auxiliary Flotilla 68

Mail-In Registration for Summer Sport Camps **ONLY**

Mail to: Community Recreation, Yonkers Parks Department, 285 Nepperhan Avenue, Yonkers, NY 10701

PLEASE PRINT

Receipt # _____

Name of Summer Sports Camp: _____

Dates of Participation: _____

Youngster's Last Name: _____

Youngster's First Name: _____

Age: _____ Date of Birth: _____

Male: ☐ Female: ☐

Address: _____

City: _____ State: _____ Zip: _____

Day Telephone #: _____

Evening Telephone #: _____

1. Has your child had a recent operation or injury?

If yes: _____

2. List food(s) your child is allergic to, if any:

Foods: _____

3. Is your child allergic to bee stings? _____

4. Is there any reason why your child may not participate in any activity?

If yes: _____

5. Is your child permitted to take aspirin or tylenol?

Yes ☐

No ☐

Emergency Contact Information

Parent's Names: _____

Tel #'s during camp hours: 1) _____ 2) _____ 3) _____

E-mail Address: _____

If parent cannot be reached, please provide an additional contact and telephone number:

Additional Contact:

Name & Relationship: _____

Home Tel #: _____ Other Tel #: _____

Physicians Name: _____ Telephone #: _____

PROGRAM RELEASE

As a participant in the above program(s), I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages, or loss which I or my child may sustain as a result of such participation. I further understand the City of Yonkers does not provide accidental medical coverage and it is my responsibility to provide appropriate coverage. I agree to waive and relinquish all claims and hold harmless the City of Yonkers, the Department of Parks, Recreation and Conservation, its officers, agents, employees and volunteers from any and all claims. I further recognize that you may take photos of the above programs. If my or my child's image happens to appear in these photos, I grant permission to use the photos to promote future recreation programs without compensation to me or my child. I also understand that photos will not be labeled with participants' names.

Print Name: _____ Signature: _____ Date: _____

SOCCER CAMP PARENTS MUST ALSO COMPLETE FORM AT TOP OF PAGE 13

Form # 2 for Soccer Campers ONLY

Mail this form **AND** form on page 12 to Adrian Moses, Red Bull New York, 1 Harmon Plaza, 8th Floor, Secaucus, NJ 07094

Soccer Camper's Name (from page 12): _____

Soccer Dates (check boxes that apply):

☐ Week 1 (June 30 - July 3) ☐ Week 2 (July 7 - July 11) ☐ Week 3 (July 14 - July 18) ☐ Week 4 (July 21 - July 25)

Free Adidas Red Bulls T-Shirt (check one):

☐ Youth Small ☐ Adult Small ☐ Adult Extra Large
☐ Youth Medium ☐ Adult Medium
☐ Youth Large ☐ Adult Large

Free Adidas Soccer Ball (check one):

☐ 3 (5-7 years)
☐ 4 (8-11 years)
☐ 5 (12-13 years)

SOCCER RELEASE

This release is made to allow my child to participate in the New York Red Bulls Camp and its sponsored events. I recognize that my signature on this release is a condition of your permitting my child to participate. I agree that you may photograph and/or videotape my child during camp and/or sponsored events and that you retain the rights to use these visual images in any manner you wish without compensation to my child. I agree that you may use and license others to use my child's name, voice, likeness, and any biographical facts which may have been provided to you, including advertising and promoting the camp and its sponsored events. I certify that my child is in excellent physical health, and may participate in strenuous and hazardous physical activities, including the soccer to be played at camp and its sponsored events. I certify that there are no physical limits to my child's participation in the camp. Permission is granted for my child to receive emergency medical treatment if needed. I hereby release and discharge Red Bull New York, Major League Soccer LLC, and all their affiliated entities from any and all liability, claims, demands, and causes of action for personal injury, property damage, and/or other loss suffered by my child in connection with his/her participation in the camp and its sponsored events. Every attempt will be made to fulfill the specified number of hours during the week of camp, and make up sessions will be offered where possible during the specified time frame. However, if sessions should be missed due to rain and/or inclement weather, no refund or other form of compensation will be available to participants." I represent that I am a parent/guardian of the minor named above and I agree that the grant and release contained therein binds me and the minor to all its terms.

Print Name: _____ Signature: _____ Date: _____

Seasonal Events

Spring Track Races

Boys and Girls, Ages 4-14
Days: Saturdays and Sundays, starting in April.
War Memorial Field
Behind Parks Department building at 285 Nepperhan Ave.
Call 377-6441 for schedule

Cinco De Mayo Celebration

Date: Saturday, May 4
Time: 1:00 - 4:00 p.m.
Untermeyer Park, 945 North Broadway

Yonkers Male Glee Club Concerts

Sundays, May 4 and 18 at 3:00 p.m. Free Performances
Sites: May 6 at Saunders H. S., May 20 at Will Library

Yonkers Philharmonic Orchestra Concert

Date: June 8 at 3:00 p.m. Free Performance.
Saunders High School, 183 Palmer Road
Featuring Concerto Competition Winners

Yonkers Memorial Day Parade

Date and Time: Sunday, May 18 at 2:00 p.m.
Parade Route: along South Broadway
from McLean Avenue to Getty Square.

Ukrainian Heritage Festival

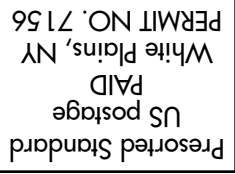
Date: June 13, 14, 15. Free Performances
St. Michael's Church, 510 North Broadway

Yonkers Pops Band Concerts

Sundays, June 15 & 22 at 2:00 p.m. Free Performances
Call 377-6450 Monday - Friday to confirm these concert dates
Untermeyer Park, 945 North Broadway
Rain Site: Cola Community Center in Untermeyer Park

Yonkers Golf Classic

Registration begins August 18
Two round tournament: October 19 and 26
\$5 registration fee. Weekend greens fees apply.
Call 377-6443 for an application and details



City of Yonkers

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City Council

City Council President, Charles Schorr Lesnick
1st District, Patricia D. McDow
2nd District, Sandy Annabi
3rd District, Joan Gronowski
4th District, Liam J. McLaughlin
5th District, John Murtagh
6th District, Dee Barbato

Board of Parks, Recreation and Conservation

Herbert Blum, Chairman
Joseph Greco
Milton Holst
Orest Kozicky, M.D.
Mildred Medina
Stephen M. Trusa
Paris Ronco

Yonkers Department of Parks, Recreation and Conservation

285 Nepperhan Avenue, Yonkers, NY 10701

A.J. Cambria
Commissioner

Craig A. Berardo
Deputy Commissioner

Stephen Loftus
Recreation Director

David J. Antonelli, Recreation Supervisor
Lisa McKay, Recreation Supervisor
Andrea Velazquez, Aquatics Supervisor
Tara N. Conte-Giglio, Recreation Supervisor
Frank Cardone, Recreation Supervisor
Sandy Korkatzis, Recreation Supervisor

Joseph Salvo, Rink Manager
Christopher Rotolo, Range Officer

City of Yonkers Department of Parks, Recreation and Conservation
285 Nepperhan Avenue, Yonkers, NY 10701